

Special Guest Speaker

**Pastor
Corie
Manglos**

Sunday, August 13



Hang On



And have you forgotten the encouraging words God spoke to you as his children? He said, “My child, don’t make light of the LORD’s discipline, and don’t give up when he corrects you. For the LORD disciplines those he loves, and he punishes each one he accepts as his child.”

Hebrews 12: 5-6 NLT

Hang On



As you endure this divine discipline, remember that God is treating you as his own children. Who ever heard of a child who is never disciplined by its father? If God doesn't discipline you as he does all of his children, it means that you are illegitimate and are not really his children at all.

Hebrews 12: 7-8 NLT

Hang On



Since we respected our earthly fathers who disciplined us, shouldn't we submit even more to the discipline of the Father of our spirits, and live forever?

Hang On



For our earthly fathers disciplined us for a few years, doing the best they knew how. But God's discipline is always good for us, so that we might share in his holiness. No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way.

Hebrews 12: 10-11 NLT

Hang On



So take a new grip with your tired hands and strengthen your weak knees. Mark out a straight path for your feet so that those who are weak and lame will not fall but become strong.

Hang On



People who accept discipline are on the pathway to life, but those who ignore correction will go astray.

Proverbs 10: 17 NLT

Hang On



My child, don't reject the LORD's discipline, and don't be upset when he corrects you. For the LORD corrects those he loves, just as a father corrects a child in whom he delights.

Press In



The LORD says, “I will rescue those who love me. I will protect those who trust in my name. When they call on me, I will answer; I will be with them in trouble. I will rescue and honor them.

Press In



We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith.[a] Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne. Think of all the hostility he endured from sinful people; then you won't become weary and give up.

Hebrews 12: 2-3 NLT

Press In



And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him.

Romans 12: 1 NLT

Get A Grip

Guard your heart above all else, for it determines the course of your life.



Proverbs 4: 23 NLT

Get A Grip

Look straight ahead, and fix your eyes on what lies before you. Mark out a straight path for your feet; stay on the safe path. Don't get sidetracked; keep your feet from following evil.



Proverbs 4: 25-27 NLT

Get A Grip

Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity. Until I get there, focus on reading the Scriptures to the church, encouraging the believers, and teaching them.



Get A Grip



Do not neglect the spiritual gift you received through the prophecy spoken over you when the elders of the church laid their hands on you. Give your complete attention to these matters. Throw yourself into your tasks so that everyone will see your progress. Keep a close watch on how you live and on your teaching. Stay true to what is right for the sake of your own salvation and the salvation of those who hear you.

1 Timothy 4: 14-16 NLT

CULTIVATION CHURCH

A new church plant coming to the
Northside of Madison in 2024.

MISSION

Cultivation Church is on mission to see the dreams in others be released for the glory of God and the goodness of us all, one in which we create space and opportunities for any person and God-given dream.



VISION

Our vision for Cultivation Church is a truly diverse community in our gifts, callings, strengths, and appearance within the Northside of the city of Madison, WI that is growing together and becoming more like Christ day by day.

PILLARS

The practical ways we 'do' church.

WORSHIP & PRAYER

Being with God is our top priority & where God transforms us and does His will.

COMMUNITY

God designed everyone for community to be championed and to grow, to work through issues, to be authentic, and to see His beauty.

DISCIPLESHIP

Knowing God and His ways in order to become increasingly like Him through intentional discipleship.

SERVING

Jesus came to serve and so do we. We serve with no agenda for what we will get in return. Giving our best selves to serve His Kingdom.

CORE VALUES

The spirit in which we execute those pillars, that we would be known by these markers.

BOLDNESS

It takes boldness to follow your calling from God, to resolve issues with others, and to live a life of faith.

PURPOSE

There is a certainty in the Word that each of us was made for a future and a hope. No one is here by accident and no one is inconsequential.

WHOLENESS

God's plan for his people is complete healing, and we do not settle for less than the best of the Kingdom of God.

GENEROSITY

Jesus encouraged us to be even more generous than the expectations of the Law; He has given to us freely and likewise we give of ourselves with joy (time, energy, finances, resources, gifts, and talents).

RELATIONSHIPS

We are meant for relationship with each other, but it can be one of the hardest things. Still, we press on, seeking miraculous unity and reconciliation with one another.

WEBSITE



OUR LEADERS

Cultivation Church is blessed to have a robust and dynamic team of leaders.



BRENDON MANGLOS
Elder Pastor

CORIE MANGLOS
Co-Pastor

Brendon and Corie have served in ministry for 25 years and been senior pastors in the Midwest. They bring experience, wisdom, and passion to the church. Pastor Corie has an M.A. in Strategic Leadership. She is a great teacher-preacher, who passionately champions and disciples others. Pastor Brendon has a servant's heart and is remarkably gifted at interacting with the Next Generation. He is an active duty National Guard serviceman.



CHRIS GENIN
Launch Member

KAYE GENIN
Co-Pastor

Chris and Kaye have been serving in ministry for over 10 years. Pastor Kaye is graduating from Life Pacific University with a B.A. in Ministry and Leadership in 2024. She has a passion for equipping and mothering the local church to be effective and healthy. As a born-and-raised Madisonian and pastor's kid, Chris brings experience and understanding in his role as an elder. He is a talented musician and servant-minded in everything he does.



TIM GENIN
Elder Pastor

KIM GENIN
Worship Pastor

Tim and Kim have been serving in ministry for decades, primarily as senior pastors in Madison for 25 years. They add their wisdom, spiritual discernment, and well-earned experience to our team. Pastor Kim is a woman of prayer and powerful worship leader. Pastor Tim is a man of prayer, Bible student, and talented teacher. Tim and Kim are excited for the new thing God is doing in Madison through Cultivation, as well as excited to see more people be saved and set free in Jesus.

GIVING BY CHECK

If you'd like to give via check, please write the check to "Barron Foursquare Church" with "Church Plant" in the memo. You can hand it to us directly or mail to the Barron Church:

916 E Division Ave
Barron, WI 54812

GIVING ONLINE

Visit www.cultivationmadison.org and select the "Give" button on the homepage. Make sure you select the fund "Church Plant."

JOIN US IN PRAYER

Visit www.cultivationmadison.org and select the "Pray" button on the homepage. You will fill out a short form join our email prayer team.



info@cultivationmadison.org



[@cultivationmadison](https://www.instagram.com/cultivationmadison)



[@cultivationmadison](https://www.facebook.com/cultivationmadison)

Audio file

[Corie Audio.mp3](#)

Transcript

And so Community question is coming with us and that's something my Co pastor Kay hasn't heard about or learned about. But I'm like this is a thing and it is so great way to start your brain thinking about stuff that God then wants to say to you because you're already activated and engaged. So thanks for letting me speak to you. I am. I'm really privileged and pleased to be here today. I am going to be in Hebrews 12 if you like old school, bring your Bible. Otherwise, I do know Jeff worked really hard on our slides today and they're really. Then, after the sermon, I'm going to share just a few minutes about the exciting things that God is doing through K and I and planning and birthing. But I do want you to think just a moment about something you've had to do that was. Brand new or really hard? Umm, so something that I had to work really hard on was when I was getting my Masters degree, so I was. A full time mom. A full time Pastor and I own my own coffee shop now. I'm not sure how you make those hours work. Ohh and to be fair, when I first started it actually I was a full time teacher and didn't own the coffee shop. That transition happened during my masters that we moved, picked up our family, our kids, and we moved six hours away, started a whole brand new life and then that's when I had my coffee shop. I will tell you there was an advantage to the coffee shop is a lot of down time to study and to read. Just to think. But most nights I couldn't start writing right until after my kids were in bed. So I'm talking 1011 at night before I could really sit down and focus on research or discussion questions. And it took a lot of effort and it took a lot of discipline to stay in the program because when I started the program and where I ended the program, my life was completely different. And and honestly, there were two different times my husband had to talk me off the wall and make me stay in the program. No, like, we're paying for this. We've sacrificed hard for this. You can do this. And you're not giving up. So today's passage really became very real to me during that time, and it's all about enduring discipline and to keep going when things are tough. And I think if you look at your life, you're going to say, oh, that was a tough season. But I made it. This is a tough season, but I will make it ohh. That was a really tough season and I didn't think I was going to make it, but somehow I'm still here. Today, those are kind of the things that when we think about how to endure in this life, we. We can come too. So let's let's pray. Heavenly Father, thank you for this opportunity to look at your word and to glean some truths for our life from the youngest to the oldest in here. Lord, we can understand what it is to live a life of discipline. We can understand how to endure tough times. And I just pray God that this will be a word of encouragement for each and every person here in your holy name, I pray. So in Hebrews chapter 12, we're going to be reading verses 5 to 13. In the new living. And it says this. Have you forgotten the encouraging words God spoke to you as children? He said. My child don't make light of the Lord's discipline and don't give up when he corrects you. We're going to come back to that. God calls these encouraging words. For the Lord disciplines those he loves, and he punishes each one he accepts as his child. As you endure this divine discipline, remember that God is treating you as his own children. Who ever heard of a child who is never disciplined by its father? If God doesn't discipline you as he does all his children, it means that you are illegitimate and are not really his children at all. Since we respected our earthly fathers who disciplined us, shouldn't we submit even more to the discipline of the father, of our spirits, and live

forever for our earthly fathers disciplined us for a few years, doing the best they knew how, but God's discipline is always good for us, so that we might share in his. Holiness, no discipline is enjoyable while it is happening. It's painful. But afterward there will be a peaceful harvest of right living for those who are trained in this way. So take a new grip with your tired hands and strengthen your weak knees. Mark out a straight path for your feet so that those who are weak and lame will not fall but become strong. So my first point today is hang on. This passage starts with the words. Have you forgotten the encouraging words the God has spoken to you and then it goes on to talk about discipline and correction. So what I want you to notice is that this portion of Scripture which addresses discipline is not to be seen as a downer. It's not condemning. It's not guilt inducing. It's not something to fear. It's supposed to be something that encourages us. So when we see something that in our brain says these two things don't align, we gotta take a step back and say, God, how do these two things align? And then I think he shows us. So discipline is to be encouraging and exhorting. But discipline discipline is encouraging. So when I was younger, I thought that discipline and punishment were the same thing, and I think it's probably how my parents. Worded it right. You're in trouble because of ex. But what I want you. To see is that discipline and that's what the word the root that God is talking about here. Discipline is a way of putting structures and boundaries in place. Whereas punishment is penalty for doing wrong. So discipline is a structure or boundary system and a lot of what I heard when Jeff was asked the Community question what do you do when you're going to start something brand new people were saying I put boundary structures organization in place. Great cause you know what? That's what discipline is. Punishment is different, so let me give you an example of the difference. Athletes use discipline to prepare for the game. When we were pastoring in Duluth, my husband and I, we had a marathon runner in our church. He ran 10 miles every single day without fail. Rain, snow, heat. He was a respiratory therapist with a pediatric cert, which meant he did a lot of life lines during the night. If they had to fly someone 18 or younger from Duluth, St. Mary's into Minneapolis, like to the Children's Hospital, he had to be on that flight in case that child would crash for any reason. He could get back at 5:00 or 6:00 in the morning after an all night light flight. He was running those 10 miles. Took discipline. He needed to stay in tip top shape. That's how God disciplines us now. There is mention of punishment in here. We'll get to that in a minute. But what God is talking about is how consistent discipline will make you stronger. So just as an athlete needs to discipline herself or himself to stay in top performance, the believer needs to be disciplined so that boundaries are in place for when temptation comes. Right. Because Jesus lived as fully human on Earth, he understands what it is. To be tempted. Most people don't like discipline. Most people don't sign up to be disciplined. However, it really does take discipline to accomplish most good things in life. It takes discipline to eat healthy. Listen, I'd rather eat a whole pan of brownies than a whole bowl of broccoli any day. If I choose to eat the pan of brownies very often, if at all, that's not healthy for me, right? So it takes discipline to choose a healthier path. It takes discipline to finish a degree. For those of you who have finished a degree or two, you know that even if a class is easy or the structure is easy, that doesn't mean you haven't had to. Put in the work. It takes discipline to train for a sport for people that are into like wrestling or weight lifting. There's consistent, consistent effort. You have to do. God disciplines his children with boundaries. Now many people, if you ask them on the street or you have conversation, who is God? What's he about? They're gonna tell you he's a rule maker. The Bible is all about rules. He's harsh. He's unkind. That's what people typically think about God. But the reality is that he gives us boundaries because he is loving, not because he wants to make our. Life more difficult. He knows what's best for us. God's boundaries are always for our good. Now, if you're a parent here, I'm sure you have disciplined structures in place for your child. And I'm sure that many

times they're not easy. If you if you have a teenager that you have to ground from something. There's nothing easy about that for the parent. Because you gotta have the follow through, right? You gotta have the processes that like. No, I'm not giving in to your whining today or no, you can't do this because of this. It's work. Notice in verse 10 it says God disciplines us for our good, that we may share in His Holiness. So God does not give us the boundaries, the structures, the rules for his benefit, or because he takes pleasure in it. I am sure there is no one who has taken pleasure in disciplining your child or bringing correction. It's not like kids think parents love that we don't love it. It is way easier to ignore the tantrum than to deal with the tantrum. So you know what? When God looks at us, it would be way easier for him to just ignore it and leave us to our. Own devices, but that's not what's for our best. God knows the reality of what we've been through, but also what we have yet to face, and so discipline that he puts in our life today is most often for something in the future that we have not yet seen. We all face temptation and trouble weights. If we don't live within the boundaries that the Lord has put into place for us. But if we choose to yield to those boundaries, those structures, those discipline, it will save us heartache later that we may not know is is coming. Notice in verse five it says don't give up when God corrects you. It's so easy to give up to give into temptation to just have my own way and think I'll deal with God. I'll deal with it later with you like you're going to be. OK, with me, right. Is he going to be OK with us? Yes, he is. But we're going to have to clean up the mess we made by not. Living his best. So I want to look at 2 verses in proverbs that are dealing with correction and discipline. Proverbs 10/17 says people who accept discipline are on the pathway to life, but those who ignore correction will go astray. And proverbs 311 to 12 says this. My son do not despise the Lord's discipline or be weary of his reproof, for the Lord reproves them those whom he loves as a father, the son and whom he delights. See these passages are about both discipline and correction. Again, another great example. If we look at sports, my favorite sport, the best sport is basketball. I know Jeff would not agree. Jeff, like my daughter soccer is the favorite, but I love basketball and and in basketball, a good coach has his players or has her players practice the same drills and the same skills over and over again? You you shoot free throws until you can do it in the same pattern. Without thinking about it, muscle memory kicks in. You shoot, you shoot, you shoot, and you do that in practice over and over, and I've had players when I coached that were like, I've already shot my 100 free throws. How many did you make shoot? A few more. Why it's so that when the player gets themselves in a tough situation. Muscle memory kicks in and they just make the shot without thinking about it without hearing the noise and the distractions around them. That's that's discipline. Correction also happens in sports, right? In basketball in particular for player stalls or reaches or charges, or any number of other fouls, they're going to have a discipline. They're going to get what's a foul? They may be benched for a while, depending on how many fouls they've gotten during the game. The coach might need them later. He may bench them just because I need you later. So the goal. Of discipline is muscle memory, so that in the moment of the game our reactions are automatic and the same is true in our faith. When our faith is disciplined. Obedience is the automatic reaction. You don't have to think should I obey God this time because it's just automatic. The more you endure, the more you hang on. Obedience will be an automatic response like muscle memory. You see, I think we think we have to strive for obedience. We have to work for obedience. Obedience is hard for us, but if we choose to live a life of discipline and everyday, put these things in place when we're in that moment of temptation that we all face muscle memory kicks in and we respond in obedience. Why do we want kids to memorize scripture? Just to do it just to get a star. We want them to memorize scripture so that when they are growing up and they're outside of your purveyance. They think about what would the Lord have me to do here and they respond in obedience. So the Lord sets those boundaries in place so

that he won't have to correct us. And if we would just hang on and stay within those boundaries, we will be blessed. We will avoid the natural consequences of sin and we will have the promise of sharing in His Holiness the second thing we see this in verse 11 is to press. In it says for the moment all discipline seems painful rather than pleasant, right? In the moment it doesn't feel very good, but later it yields the peaceful fruit of righteousness to those who have been trained with within it. When we stay within the boundaries God has established, we reach, we reap peace and righteousness. But how do we live within those boundaries? How do we how do we stay within them? How do we face temptation and say no? By pressing into our relationship with Jesus. When we know God, when we listen to him, when we're close to him, we hear his words of encouragement. Honestly, we will respond and obedience more because we love him than because we fear him. That's that's, that's the hope. That's the mature response. Most kids obey. Because they don't want to get in trouble. But as they grow older, they'll think back. Ohh my parents told me this and they begin to make conscious, more conscious decisions and that's what happens with us if we press into the presence of Jesus. Now if you know me, you most likely know that I am a coffee snob. I love coffee. I love the flavor, the taste, the aroma, the the culture. I can talk about or over coffee for hours. And I might be biased, but I'm also right that the best coffee in the world is Guatemalan, and I love a good cup of and tea and coffee. But even good coffee can become better coffee when you make it well. So one of the best ways to extract the best flavor of coffee is in a French press. I don't know why, I just know it works. I know that as you press the coffee down, the oils are extracted, crema like a like an espresso shop will rise to the top and the bitterness is no longer there cause some people like. They think they like coffee, but they have to like flavor it all over the place because they don't like the bitterness. If you make it in a French press, it's going to be much. Less bitter. So there's something that happens in the pressing. That takes away that bitterness. Just as spending time with Jesus and pressing into him. Will remove the bitterness in our lives. The thing about good coffee is once you have good coffee. You gotta have a good mug. Don't give me good coffee. In an uncomfortable to hold and drink out of mug like it just ruins the whole experience. My mom says I'm. You have to bring your own mug when you. Come to my house. Kind of. But this is my favorite mug. It says less hustle, more Jesus. Now my natural response in most situations. Harder work more, do more, accomplish more, check more things off. I tend towards worker bee. And I have to remind myself to spend time with Jesus, cause if it's not on my To Do List, it's not going to get done. So this cop is my daily reminder to Sabbath, to read Scripture, to pray, to press, and to listen to him. You know the voice that warned you not to do something we all probably are pretty attuned to that one is the same voice that tells you. To do good. You know, often we think ohh I'm doing good. Cause I'm a good person. Probably not. We should be doing good as believers in Christ because he did. He came to die for our good, for the for not for himself, but for relationship. The more we spend time in his presence, the more we press him to know him, the more we can hear and respond to his voice. In life, it's pretty hard to play a game if. You don't know the rules. Or you make them up along the way. Then you all have to agree to. The same made-up rules. You ever play house rules with somebody and you're like this is this is not how this game is played and there this is not how this game is played. My mom and dad, we taught them a card game that they now play completely different and they want land. And my mom would want us to play and we'd come visit and I'd be like, I don't like the way you play it. And Mom says that's the rules I'm like, but that's not the rules we taught you this game. I promise you, those are not the rules. And it just makes it difficult to play the game if. You're not understanding it. It's difficult for us to be believers if we don't know what God is telling us. To do. Or not to do? I recently spent a few days in Arizona with some friends on a spiritual retreat. This will come up again in the end when I tell you a little bit about the

planting story, but we've been meeting for eight months. Twice a month via Zoom, we were intentionally building community, praying together, seeking the Lord and. I was my raw and authentic self and so were they, and over the 2 1/2 days that we were together in person, God spoke to each of us in a powerful way because we were willing to press in. Psalm 91 is one of my favorite passages in verse 14 and 15. It says this. Because he holds fast to me in love, I will deliver him. I will protect him because he knows my name. When he calls to me? Well, to me, I will answer him. I will be with him in trouble. I will rescue him and honor him with long life. I will satisfy him and show him my salvation. You see, when we focus on Jesus, he promises a lot. He promises to deliver us. To protect us, to be with us, in trouble, to rescue us, to honor us, to give us a long life, to give us salvation, to give us eternal life. Like, that's a lot of promise in two verses. And how do we get those promises? Simply by spending time with him. As we press into Jesus, our faith will be made stronger and bitterness will naturally decrease because it's hard to remain bitter if you're listening to the Lord. I mean it can get in there, but it stays in there when we don't do something about it. Romans 12/21 says do not be overcome by evil but overcome evil with good. When we hang on to discipline and we press into Jesus, we overcome evil. When in my own life, I feel things getting out of control, out of sync, I usually know I need to spend more time with Jesus, need to listen to what I'm listening to. What am I? Letting feed my soul? Put on the worship music. Get out my journal, spend time with him. The last thing I want to tell you from these verses is get a grip verses 12 through 13 says this. Take a new grip with your tired hands and strengthen your weak knees. Make mark out a straight path for your feet so those who are weak and lame will. Not fall, but. Become strong. The author of Hebrews is still in the same thought. This is still in regards to discipline and it's still in reference to an athlete. Here, he says, lift up your drooping hands and strengthen your weak knees. Spiritual growth comes from discipline. Listening to the Lord comes from pressing in. And then getting up the next day and doing it all over again comes from getting a new grip like this is in reference to that marathon runner who has finished his race and God's response is. Strengthen your knees. Get it? Go another hold of it and keep going. See, our faith is a lifelong journey. It's not a Sprint, it's a marathon. This verse is not minimizing the pain of what you've just gone through, but it's saying today is a new day and my mercies are new for you. And are you going to pick it up and keep going. When you're in a race, I know a couple of you are runners. If you're in a race, it's probably best to run a straight line, right? If you go off course, the race is going to take longer and I can imagine in a marathon like Grandma's Marathon and Duluth, which is gorgeous views. It could be really tempting to like, run over and look at this thing and then run over and look at this thing. At the end of the marathon, both styles of runners are going to have finished the marathon. But one of them is gonna have had like 10,000 less steps cause they just stayed on course or the other ones gonna add a lot of steps to their day by running Willy nilly. These pictures here, I don't know if you can see them for the Third Point, Kyle. There we. All right, so take a look at these pictures. Ever played tug of war? Tug of war is the picture I get when it comes to getting a new grip. Few years ago at summer camp, some one thought, well, it'd be really fun to do tug of war over a mud pit. Great idea, except they didn't tell the kids to bring clothes that could get ruined and to make it worse, one of the youth pastors had a brilliant idea that. Wouldn't it be funny if we dumped yesterday's leftover food in? The mud pit. Not too bad on day one. By day four, when my cabin came up for it, you could smell it in your cabins. OK. And I looked at my girls and I said listen, if you drag me through that. Pit of hot dogs, baked beans and spaghetti from Monday night. We're going to have some issues here. I don't care what you have to do. You keep me from falling in that pit. Now I'm a pretty good anchor. I like being the anchor. I can, really. Dig in and hold out. Here's the problem. Day four on those ropes with two teams equally determined not to go in the pit. The rope

snapped and boom, boom, boom, boom. Like dominoes. The first few went. So if we look, you can see this disgusting mud pit. There's a couple more pictures of my girls. So that is not only mud, but it's it's putrid filth. The first few that fell in did chase down the girls that were backed by me and clean and rubbed themselves all over them. So we all had to go and clean up. So when we're running our life of faith, This is why we need discipline. This is why we need to get a good new grip. We don't want to go in that mud pit that we can't see. Right. Like we're going through life. And we're tempted by the little things that are going to pull us into a pit of filth. I could smell that in my cabin when I would open the door in in the mornings like I knew I didn't. Want to go? In that pit. But the guys on the other side of the camp, they weren't smelling it and they thought it was hysterical to watch the girls go in the pit. What about when it's your turn? Verse proverbs 4. 23 to 27 says this. Guard your heart above all else, for it determines the course of your life. Look straight ahead and fix your eyes on what lies before you mark out a straight path for your feet and stay on the safe path. Don't get sidetracked. Keep your feet from following evil. Sometimes it's easy for us to see what's going to drag us through the pit. And sometimes it's not. And that's when we trust the Lords. Leading the Lord's discipline and we lean into that and we make that choice. So every time we're faced with the decision to obey or disobey, the end result is fully within our control. We can obey and trust God's plan and stay within those structures and boundaries, or we get to bear the consequence. Of the sin and. Filth of the pit. When we recognize God's boundaries, we hang on to what we've learned. We press into Jesus, and we're given the ability to overcome. And whether we fail or we succeed the next day, we get to get a new grip. And start again . So as you ask yourself, is God disciplining me? What do I need to endure? Is Jesus calling me to spend more time with him? Where do I need to carve out some time in my week to press in? And have you just been through something you just really honestly want? To give up. Do you need to pick yourself up? Get back in the right path? And start again. Let's pray. Father, I thank you for your word and the truth that it speaks to us. We thank you that you are a good God who wants. Good things for his people. We are grateful for discipline and structures and boundaries even when we don't seem to be. And Lord, we want to present and get to know you more and to spend time with. You so we can. Hear your word. Speak to us. And Lord, when we fail or when we are victorious, we want to get up, get a new grip and go forth. We ask you to this week remind us of those things. Help us to see the pitfalls, but also Lord help us to see your deliverance in Jesus name. We pray. Amen.