

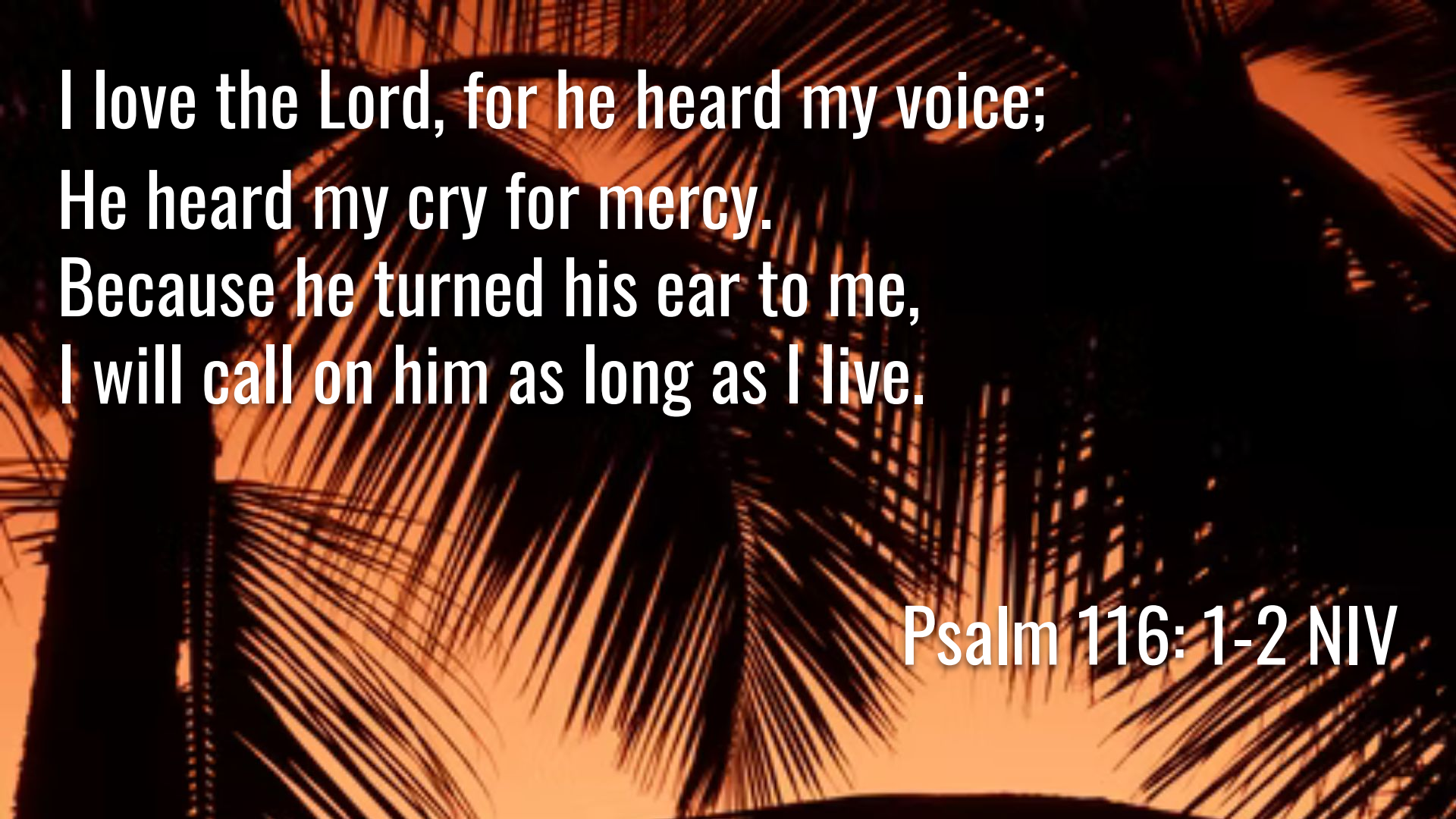


*Psalms of
Summer*



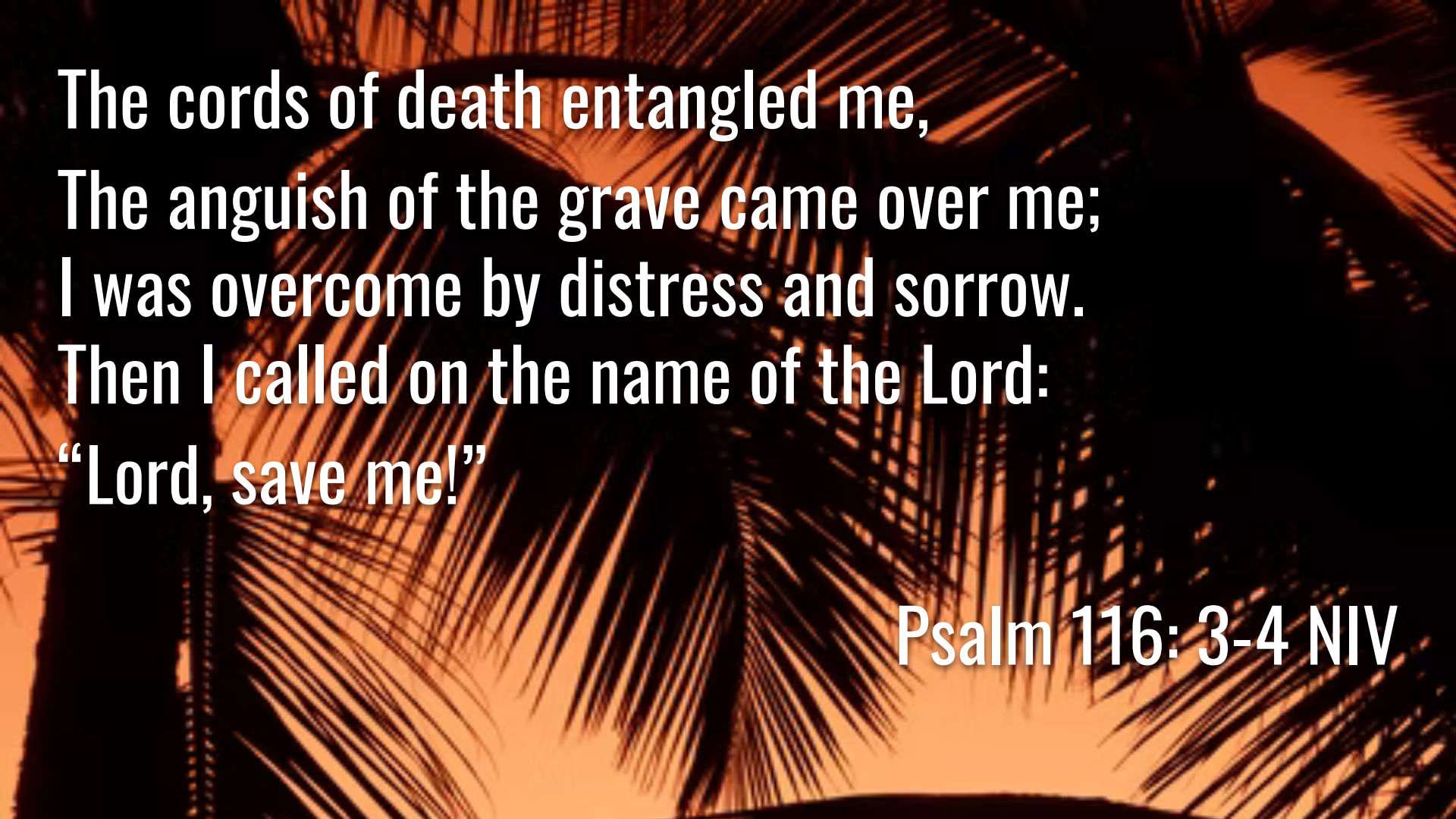
MAIN POINT

Thanksgiving is a mindset not just a meal



**I love the Lord, for he heard my voice;
He heard my cry for mercy.
Because he turned his ear to me,
I will call on him as long as I live.**

Psalm 116: 1-2 NIV



The cords of death entangled me,
The anguish of the grave came over me;
I was overcome by distress and sorrow.
Then I called on the name of the Lord:
“Lord, save me!”

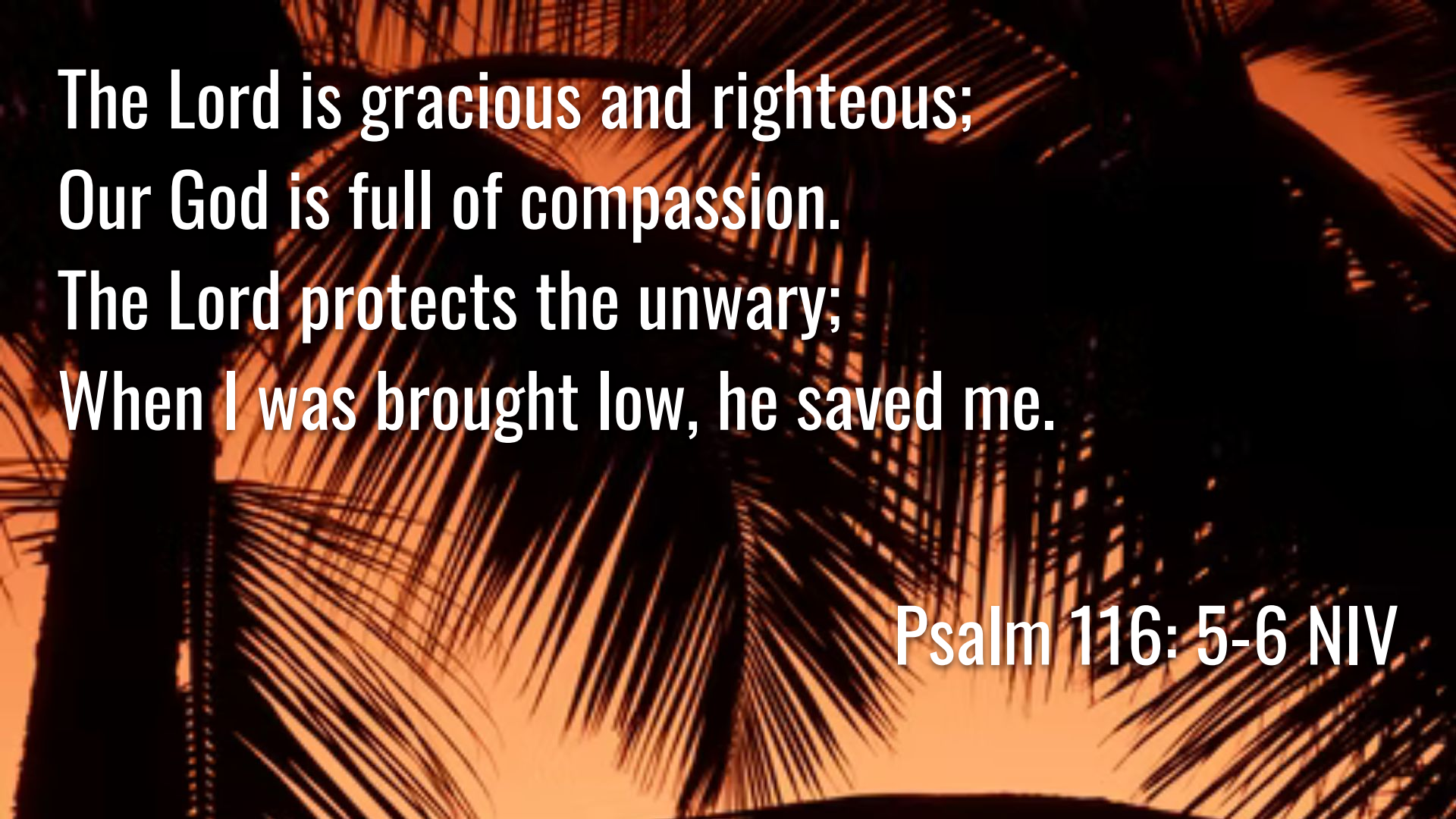
Psalm 116: 3-4 NIV

Part 1: Remember What God Brought You Through

- ❑ Trapped by something terrible
- ❑ In great and dire need
- ❑ God was the only option

Part 1: Remember What God Brought You Through

- ❑ Remember what you've made it through
- ❑ Where was God during this experience?
- ❑ Be thankful for what God has brought you through



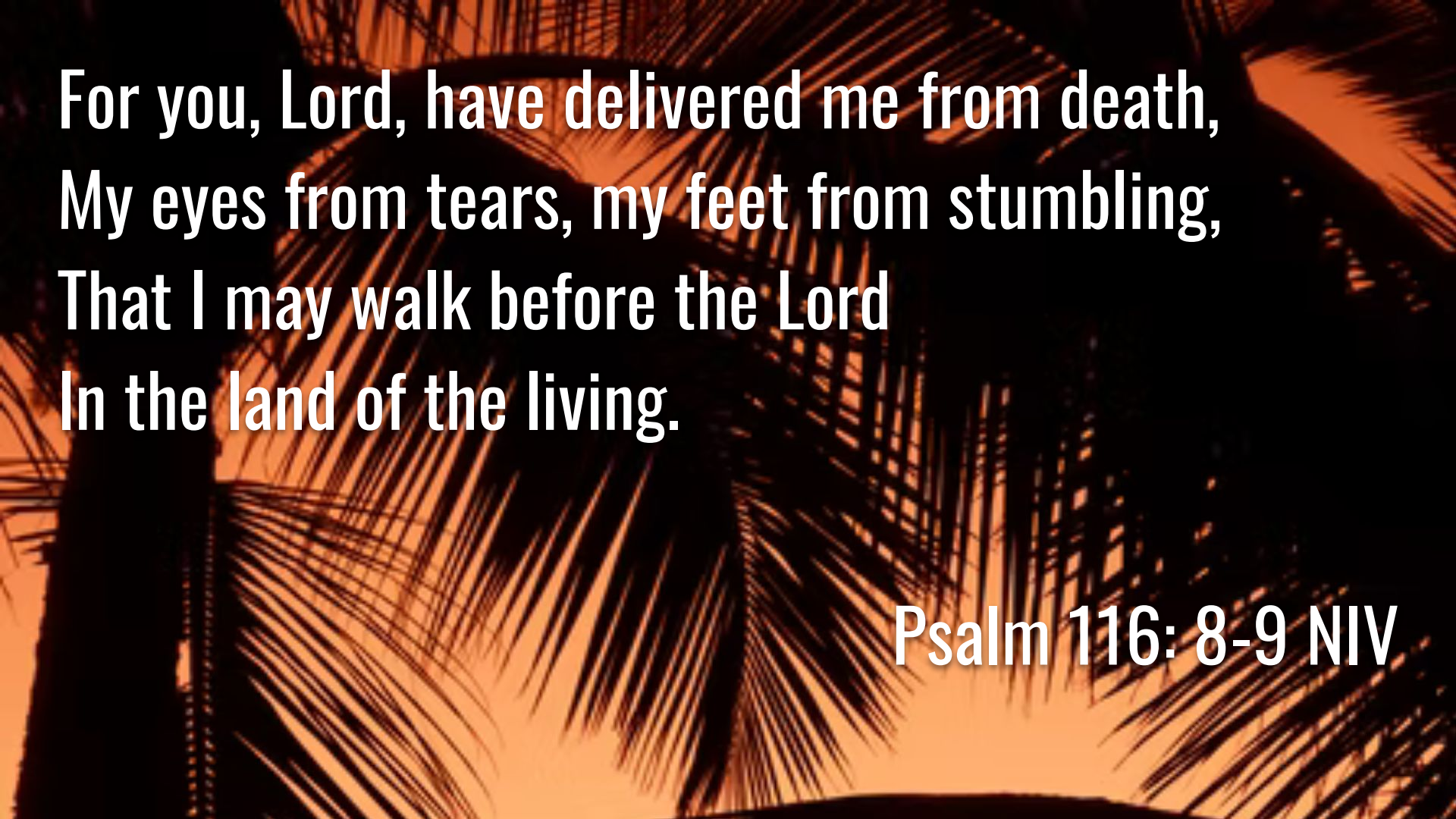
**The Lord is gracious and righteous;
Our God is full of compassion.
The Lord protects the unwary;
When I was brought low, he saved me.**

Psalm 116: 5-6 NIV



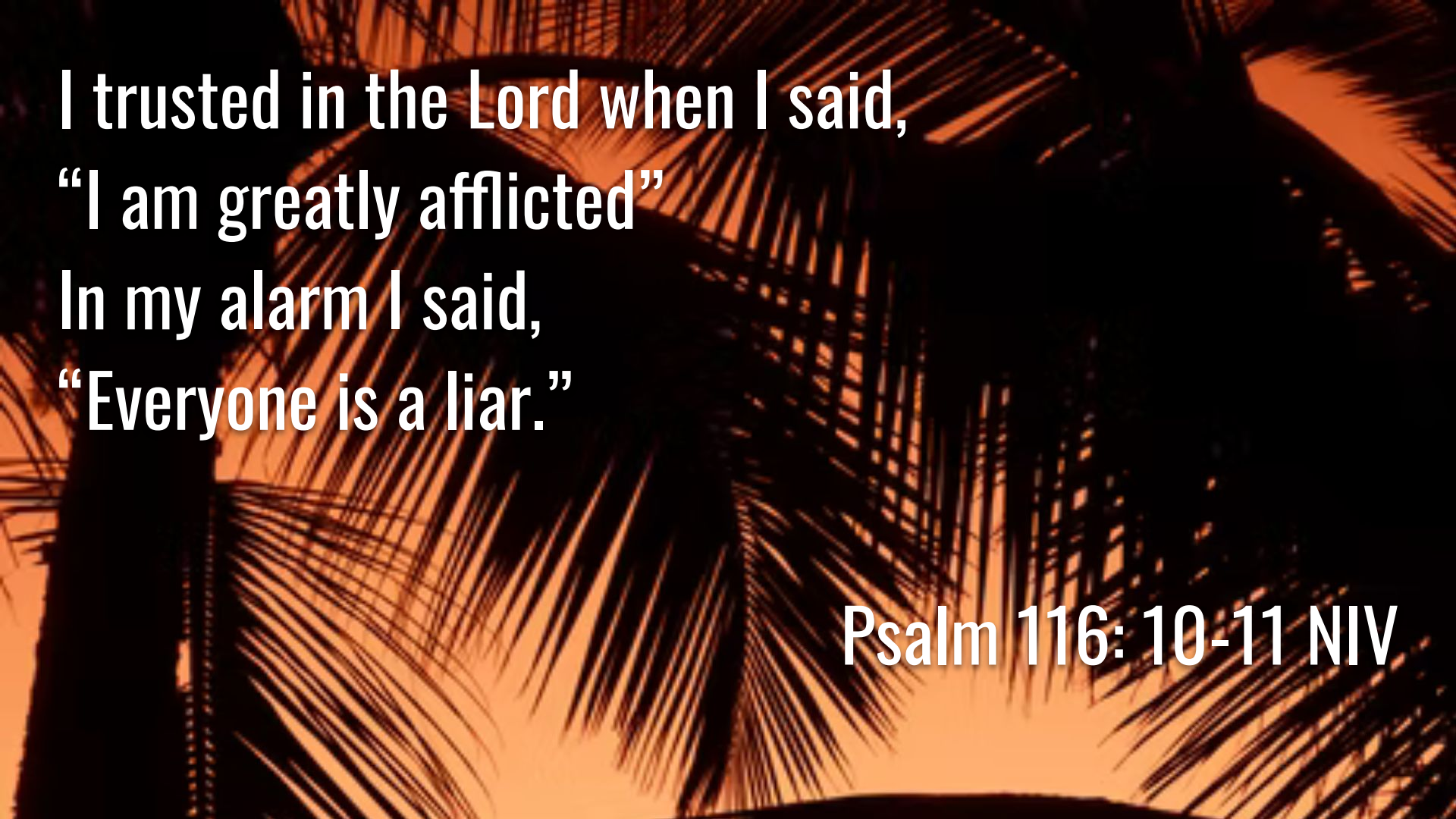
**Return to your rest, my soul,
For the Lord has been good to you.**

Psalm 116: 7 NIV



**For you, Lord, have delivered me from death,
My eyes from tears, my feet from stumbling,
That I may walk before the Lord
In the land of the living.**

Psalm 116: 8-9 NIV



I trusted in the Lord when I said,
“I am greatly afflicted”
In my alarm I said,
“Everyone is a liar.”

Psalm 116: 10-11 NIV

Part 2: Remember Who God Is

- ❑ Gracious, compassionate, righteous
- ❑ Protects and provides rest
- ❑ Trustworthy

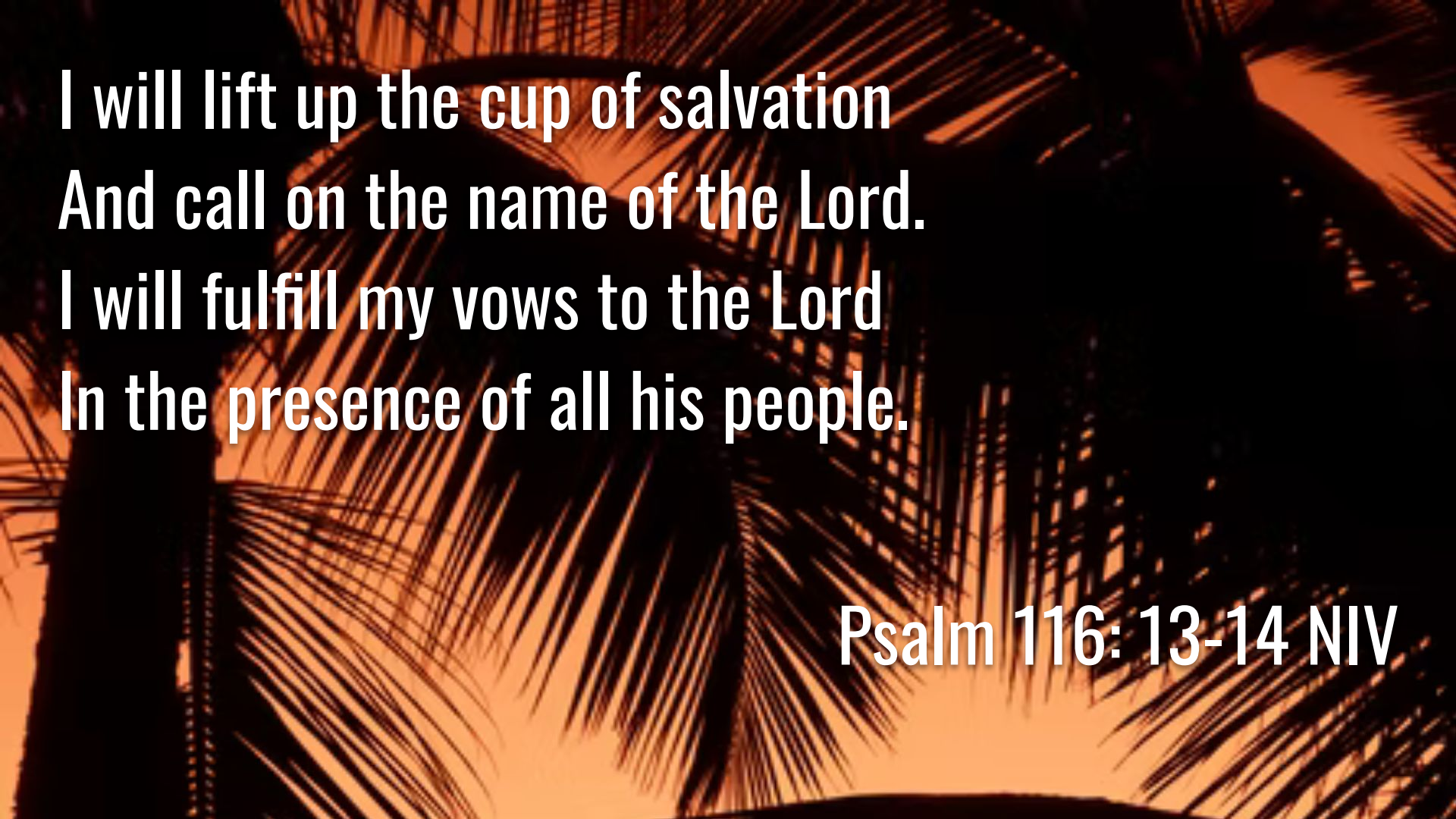
Part 2: Remember Who God Is

- ❑ Full of grace
- ❑ Compassionate
- ❑ Provides rest
- ❑ Provides deliverance or freedom



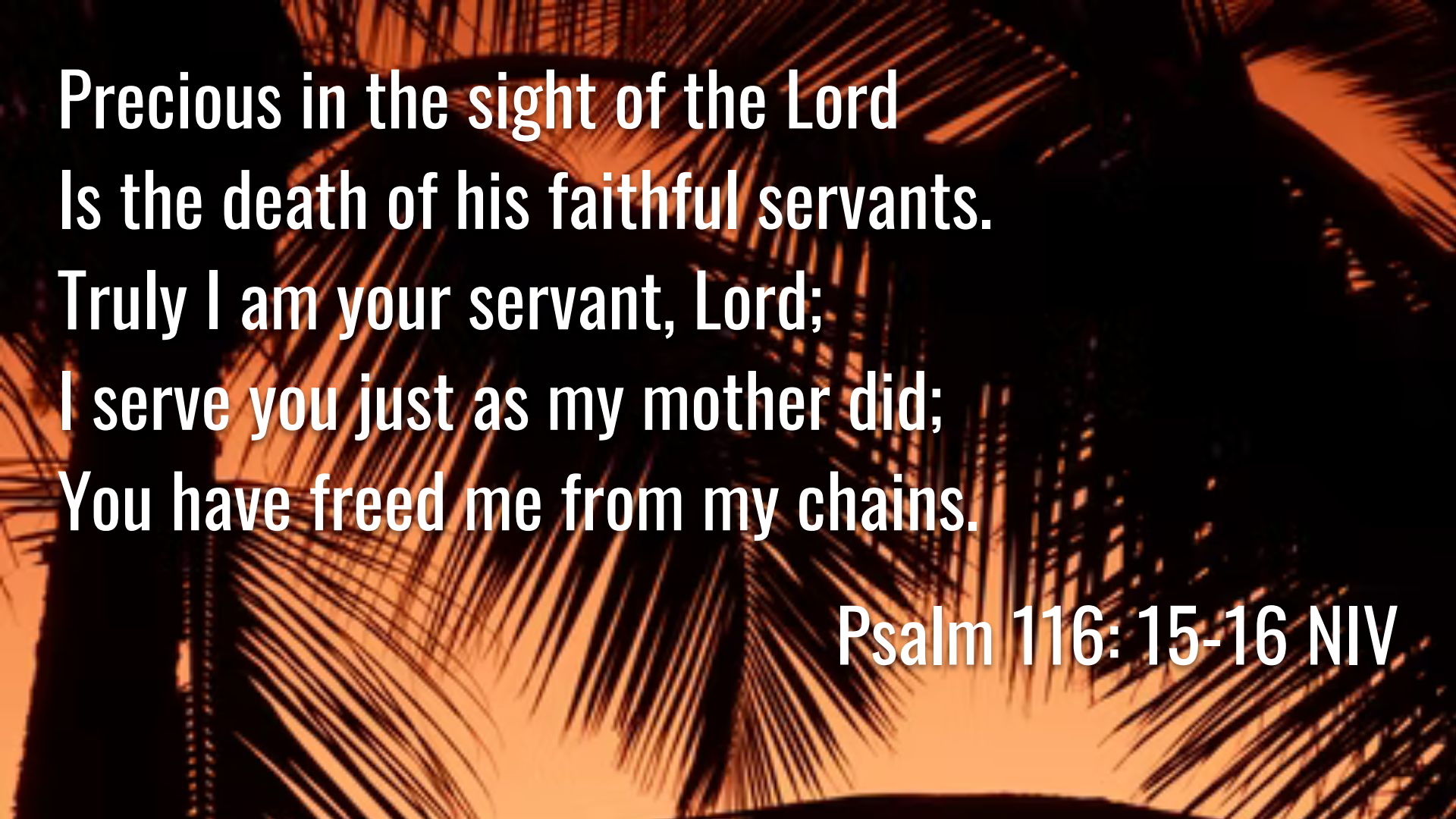
**What shall I return to the Lord
For all his goodness to me?**

Psalm 116: 12 NIV



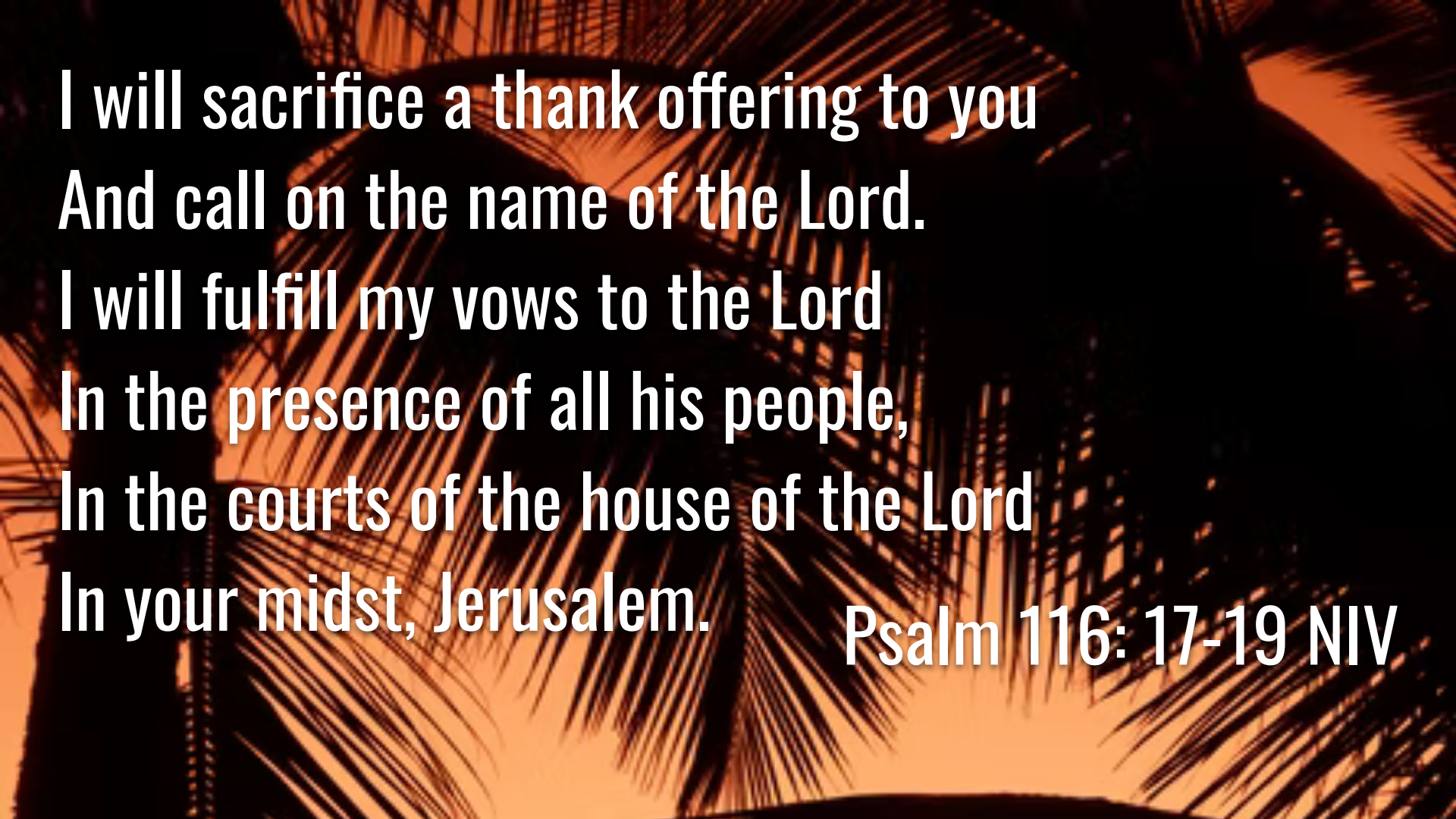
**I will lift up the cup of salvation
And call on the name of the Lord.
I will fulfill my vows to the Lord
In the presence of all his people.**

Psalm 116: 13-14 NIV



Precious in the sight of the Lord
Is the death of his faithful servants.
Truly I am your servant, Lord;
I serve you just as my mother did;
You have freed me from my chains.

Psalm 116: 15-16 NIV



**I will sacrifice a thank offering to you
And call on the name of the Lord.
I will fulfill my vows to the Lord
In the presence of all his people,
In the courts of the house of the Lord
In your midst, Jerusalem.**

Psalm 116: 17-19 NIV

Part 3: Respond to God

- ❑ Give God glory and honor
- ❑ Serve
- ❑ Share what God has done with others

Part 3: Respond to God

- ❑ Be thankful
- ❑ Ask again
- ❑ *“The best return for one like me, so wretched and so poor; is from His gifts to draw a plea and ask Him still for more.”*

Closing

- ❑ Remember what God has brought you through
- ❑ Remember who God is
- ❑ Appreciate God
- ❑ Make thanksgiving a mindset